

MICHIGAN RYUSYOKAI KARATE CLUB
GRADING REQUIREMENTS

WHITE BELT

10th Kyu: Begin Training

9th Kyu (12 Classes Min. at 10th Kyu): 15 Basics, Kata Sanchin, Fukyu Kata: Jo-Chu-Ge, Basic Knowledge of System (5 Questions, 1 point ea.)

8th Kyu (12 Classes Min.): 15 Basics*, Sanchin, Fukyu Kata: Jo-Chu-Ge, Fukyu Kata: Student's Choice (any other), Basic Knowledge*

7th Kyu (24 Classes Min.): Sanchin, Fukyu Kata: student's choice, Gekisai Dai Ichi, Line Drills – demonstrate Jo-Chu-Ge continuous, Line Drills – demonstrate keru and keru uke continuous

GREEN BELT

6th Kyu (24 Classes Min.): Sanchin, Gekisai Dai Ichi, Gekisai Dai Ni, Kakomei Kumite – Jo-Chu-Ge, Renzoku Kumite – Jo Chu Ge

5th Kyu (36 Classes Min.): Sanchin, Gekisai Dai Ni, Saifa, Kakomei Kumite (any), Renzoku Kumite (any)

4th Kyu (36 Classes Min.): Sanchin, Saifa, Shisooshin, Kakomei Kumite (any), Renzoku Kumite (any), Ippon Kumite

BROWN BELT

3rd Kyu (48 Classes Min.): Sanchin, Seisan, choice of Saifa or Shisooshin, Kakomei and Renzoku Kumite (any), Ippon Kumite, Nihon Kumite

2nd Kyu (48 Classes Min.): Sanchin, Sanseiryu, choice of one kata (Saifa to Seisan), Kakomei and Renzoku Kumite (any), Ippon Kumite with Keru techniques, Nihon Kumite

1st Kyu (48 Classes Min.): Sanchin, Seiunchin, choice of one kata (Saifa to Sanseiryu), Kakomei and Renzoku Kumite (any), Ippon Kumite with Keru techniques, Nihon Kumite

BLACK BELT

1st Dan (96 Classes Min.): Essay – What Karate Means to Me (4 pp. double spaced), Sanchin, Sepai, choice of one kata (Saifa to Seiunchin), Kakomei and Renzoku Kumite (any), Ippon Kumite with Keru techniques, Nihon Kumite

2nd Dan (1.5 years min. at 1st Dan with reg. attendance): Sanchin, Kururunfa, Suparinpei, Kakomei and Renzoku Kumite (any), Ippon Kumite with Keru techniques, Nihon Kumite

* Indicates ungraded requirement; cannot pass without answering all questions correctly or performing all 15 basics in recognizable fashion.

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Grading Guidelines

The 35-point testing procedures shall be as follows:

- a. Kata (form): maximum of 5 points per kata for accuracy and strength based upon performance of three kata.
- b. Yakusoku Kumite (two-person drills): maximum of 10 points for the proper execution and performance of prearranged exercises.
- c. Kokoro (spirit): maximum of 5 points for determination, spirit and effort.
- d. Kime (concentration): maximum of 5 points for accurate focus, eye position.
- e. Points should be given as 1-2-3-4-5 for each item with three or more points being considered as passing.
- f. Students at 9th kyu will be tested on a 30-point system. Students at 8th kyu will be tested on a 25-point system, with other requirements on a pass-fail basis.

An explanation of the point distribution shall be as follows:

1. one point = very poor
2. two points = poor
3. three points = average or good
4. four points = above average or very good
5. five points = excellent or outstanding (usually not given)